

Ring Sizer

Print it, cut it, wrap it. Find your UK, US and EU ring size at home.

1 Print at 100%

Choose "Actual size" or 100%.
Never "Fit to page". Check the
50 mm bar below with a ruler.

2 Cut out the strip

Cut along the dashed line, then
cut the slot with a craft knife
or small, sharp scissors.

3 Wrap and read

Thread the tip through the slot,
pull snug round your finger and
read the mm where it meets the slot.

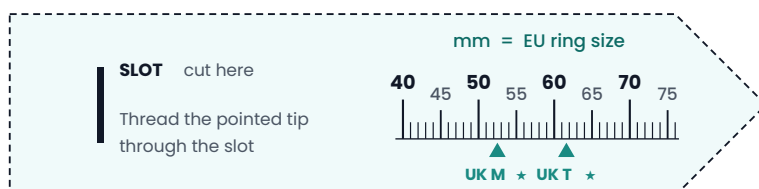
PRINT CHECK



This bar must measure exactly 50 mm

YOUR RING SIZER STRIP

✂ cut along the dashed line, then cut the slot



Between two sizes? Go up.

Wide band (6 mm+)? Half a size up.

Measure in the evening, when fingers are largest.

SIZE LOOKUP

What does my number mean?

Match your mm reading to the nearest row. Values are the inside circumference of the ring.

UK	US	EU	JP	C mm	Dia. mm
F	2.75	43.5	3	43.4	13.8
G	3.25	44.5	5	44.7	14.2
H	3.75	46	6	46.0	14.6
I	4.25	47.5	7	47.3	15.0
J	4.75	48.5	9	48.6	15.5
K	5.25	50	10	49.9	15.9
L	5.75	51	11	51.2	16.3
M ★	6.25	52.5	12	52.5	16.7
N	6.75	54	14	53.8	17.1
O	7.25	55	15	55.1	17.5
P	7.75	56.5	16	56.4	18.0
Q	8.25	57.5	18	57.7	18.4

UK	US	EU	JP	C mm	Dia. mm
R	8.75	59	19	59.0	18.8
S	9.25	60.5	20	60.3	19.2
T ★	9.75	61.5	22	61.6	19.6
U	10.25	63	23	62.9	20.0
V	10.75	64	24	64.2	20.4
W	11.25	65.5	26	65.5	20.9
X	11.75	67	27	66.8	21.3
Y	12.25	68	28	68.1	21.7
Z	12.75	69.5	29	69.4	22.1
Z+1	13.25	70.5	31	70.7	22.5
Z+2	13.75	72	32	72.0	22.9

★ Most common UK sizes: M (women), T (men)

JP = Japan/Korea size. Charts vary a little by brand, so go by mm.

Big fingers? Larger ring sizes (US 10 and up)

US 9 = UK R½ · US 10 = UK T½ · US 11 = UK V½ · US 12 = UK X½ · US 13 = UK Z½

Wide bands fit snugly, so go half a size up. Size for your knuckle so the ring slides on.

Page 2 has an actual-size circle chart for US 4 to 13, and our full guide covers large sizes in detail.

Circle Chart

Already own a ring that fits? Place it on the circles to find its size.

HOW TO USE

Lay the ring flat on the page. Its inside edge should sit just on the line of one circle.

Do this on the print at 100%. If the 50 mm bar on page 1 measured right, these circles are exact.



Finding rings in a large size is hard. Here is what helps.

- **Size for your knuckle.**
If your knuckle is wider than the base of your finger, choose the size that slides over it.
- **Go half a size up on wide bands.**
Bands of 6 mm or more sit tighter than slim ones.
- **Look for adjustable and open bands.**
They cover a range of sizes and flex with swollen fingers.
- **Check the metal before you buy.**
Sterling silver can usually be resized by a jeweller. Stainless steel and plated rings usually cannot.
- **Tell us your size.**
Message JewelHub with your size and style and we will tell you what fits.